

"I've thought about doing my own (cookbook), but I never felt as though I could get through it. But I made it through this one!"

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Pinch of this, a dab of that pulls together employee cookbook

Hazel Epp, receiving clerk at K mart 4120, Lincoln, Nebraska has another cookbook to add to her collection of 140. This one is a special edition filled with recipes from 85 employees and to top it off, Epp is the editor.

Epp, who makes a hobby of collecting cookbooks, told herself this past summer that if so many people could publish cookbooks, why couldn't the employees at her store. So she consulted with her store manager who said that he thought it was a great idea.

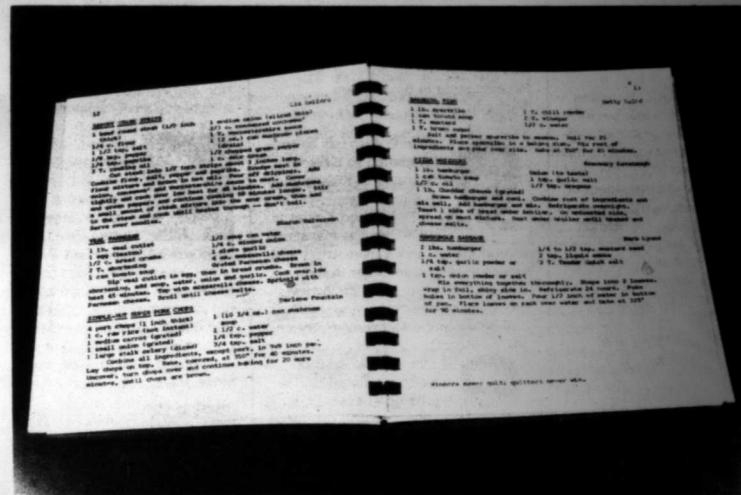
"The K mart Employees Cookbook" took Epp only a few months to compile. "I went to a publisher, General Publishing and Editing, who deals only in cookbooks for churches and other organizations at a cost they can afford to pay. They gave me a list of rules to follow and forms to fill out. When an employee would give me a recipe, I would copy it onto the form. I even took it along with me on my vacation. I packed it up in a briefcase and sat in the motel room in the evenings and worked on it."

And can she vouch for the tastiness of each dish? "I think I can," Epp says. "These are all recipes that are supposed to be favorites of the employees. I have about five or six recipes of my own in the book. They are for cakes, cookies and breads. I enjoy cooking those things best."

A quick and easy banana bread that is a favorite of Epps is included in the book. Preheat the oven to 350°. Mix together ½ cup shortening, ¾ cup sugar, 2 beaten eggs, 2 cups flour, 2 tsps. baking soda, 1 tsp. salt, ½ cup chopped nuts, 2 mashed bananas. Pour into greased loaf pan. Bake for 1 hour.

There were 200 books printed and Epp says that there are between 30 and 40 left. Cost to print the books was \$2.65 per book. It went on sale in November for \$3 per book and Epp says that many were purchased as Christmas gifts.

So far, employees have caught only one mistake in the book. "It was in a microwave cookie. The



There's something that's bound to please everyone in this cookbook. Whet your appetite with a few of these recipes.



Hazel Epp, editor of the K mart 4120 Employees Cookbook, left. Other employees and contributing cooks, from left to right, are Florence Miller, RoseMary Kavanaugh and Barb Lyons.

woman left out the sugar," Epp explains.

This is the first time that Epp has ever ventured into a project like this, but she has dreamed of publishing her own cookbook many times. "I've thought about doing my own, but I never felt as though I could get through it. But I made it through this one!"

Although she has no immediate plans to compile another book filled with recipes, Epp says that she would enjoy doing another sometime.

